



SPRING 2016

www.JoeMartinALSfoundation.org

Charlotte Says Yes 4 ALS

Thank you for joining Frank Deaton and The Joe Martin



ALS Foundation at the 1st annual Charlotte Says YES 4 ALS BBQ on April 23! We had a great time and we hope you did too! Your help and support raised \$7,799 to support families living with ALS! A BIG thanks to Maureen O'Boyle, WBTV news anchor, who joined us that day as well as our platinum sponsor Bill Oliver and BBQ extraordinaire Lawrence Heath! Check out the story on WBTV! <http://www.wbvtv.com/story/31821524/als-hits-close-to-the-heart?clienttype=generic>

You Make it Happen!

When you make a donation to the Joe Martin ALS Foundation you are helping to improve the quality of life for people with ALS (PALS) and their families. Most primary caregivers are husbands, wives, sons and daughters. By going to our PALS' homes we help them meet new challenges by offering solutions to caregiving problems. We recently helped one of our PALS who is alone all day and cannot afford meals by connecting him with a free lunch service, and we provided him a Stand-Assist Recliner. We also helped Kevin Clay go to the Super Bowl! By living actively, Kevin hopes to inspire others fighting ALS (More on Page 2). By giving to the foundation YOU made it happen! Thank YOU!



~ Save the Date ~



Golf Tournament, Dinner & Auction
Monday, October 10, 2016

We are excited to announce this year's tournament will be at the exclusive and beautiful Ballantyne Country Club, on Oct. 10. Golf begins at 10AM and the dinner program starts at 3:30PM. We are excited about offering this private course to our supporters. Look out for Bernie's Tournie "Tings on Ten" cocktail! For more info and to register go to: www.JoeMartinALSfoundation.org

Volunteers and Good Deeds



Friends of the Foundation are volunteers who help families affected by ALS. One of our new members is the "F3/Isotope" men's group. They are helping the Hix family with tasks such as a yard clean up day, moving and spreading mulch, weeding and preparing plant beds, installing closet shelving, and other home maintenance. Located in the Lake Norman area, F3/Isotope also supports their community with service projects and we are grateful to have them join Friends of the Foundation. This F3 (fitness, fellowship, and faith) group of men meet on early mornings for exercise and fellowship. They are a good fit to visit

Steve Hix as he also enjoys exercise and he was an avid hiker before the progression of ALS. Using his iPad to speak, Steve asked if the guys could help him use his exercise bike and arm cycle. They were happy to assist and they gave him one of their F3 exercise shirts and a nickname. Every F3 member has one and now Steve is known as: C3PO.

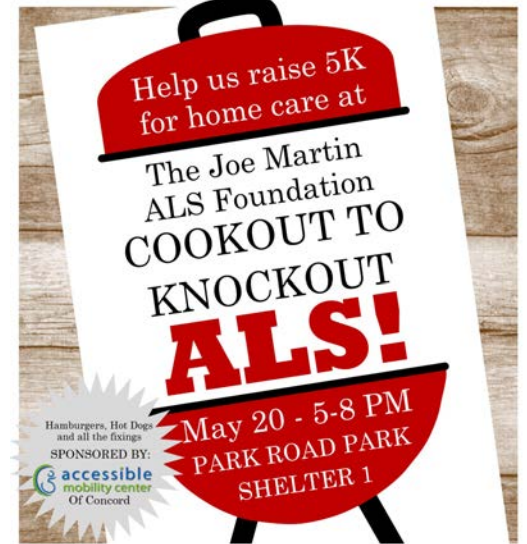
If you would like to join Friends of the Foundation and volunteer please contact Sarah Hayden by calling 704-332-1929 ext. 806.



Steve Hix (center) with F3 Lake Norman

Celebrate ALS Awareness!

The 3rd annual Cookout to Knockout ALS, sponsored by Accessible Mobility Center of Concord is on May 20 at Park Road Park from 5-8PM. Join us to celebrate **ALS Awareness Month** and support families living with ALS. Enjoy cornhole, volleyball, kids games, hamburgers, hot dogs and all the picnic "fixin's!" Price: **FREE!** Donation will be accepted to support our services. Please RSVP so we can accurately plan for food. Email: glorialacey@joemartinalsfoundation.org Phone: 704-332-1929 ext. 802



Did you know: Even though it can take over a year to determine if someone has ALS, there are 15 new cases of ALS diagnosed each day.

Client Spotlight: Kevin Clay



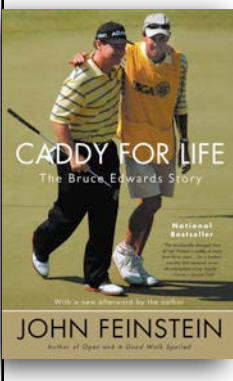
Kevin at the Super Bowl!!

Kevin Clay wasn't about to let ALS stop him from going to the Super Bowl. As a devoted Carolina Panthers fan, seeing his team in the big game was on his bucket list and he wasn't going to pass this up, even if he can no longer walk or speak. Before his symptoms progressed Kevin worked at Microsoft, ran marathons, and lived life to the fullest. And he still is living a full and active life. By going to the Super Bowl and being featured in the Charlotte Observer and McClatchy Newspapers nationwide, and on WBTV News, Kevin hopes to encourage others living with ALS to not be bitter about their diagnosis and to: **"Focus on what you can do, not what you can no longer do."** The foundation helps Kevin and his wife, Melinda, with home care, meals made and delivered by volunteers, and home organization projects through companies like Simplicity Organizers. We also helped research and plan their Super Bowl trip by finding wheelchair accessible transportation in San Francisco and provided assistance to overcome the logistical and physical challenges of travel. The Clays appreciate the help and support they have received that would not be possible without your donations. **YOU** are making a positive change in peoples' lives. Our PALS and their families are very grateful! **Thank YOU!**



Kevin and Melinda Clay at the S.F. airport

Live Every Day Dinner, Aug. 16



On Tuesday, August 16, 300 individuals will gather to support the foundation and hear John Feinstein - author of *Caddy For Life: The Bruce Edwards Story*. Feinstein chronicled Edwards' fight against ALS and how his partnership with Tom Watson transcended the game of golf. Last year our Live Every Day dinner raised \$103,000 to support our mission. This private event is attended by guests of table hosts. If you would like to learn more about table host opportunities or to be a guest of the Foundation, please contact Sarah Hayden.



Jerry Dawson, President of the Catfish Hunter ALSA Chapter (right) congratulates Neil Cottrell and The Joe Martin ALS Foundation

Outstanding Service Award

Neil Cottrell received the Sue B. Humphries Outstanding Service Award at the North Carolina Conference on ALS on November 2. The ALSA Catfish Hunter Chapter presents this award to those who have demonstrated dedication and outstanding service to people with ALS in North Carolina. Neil has been helping families fight ALS for over 18 years. He was grateful for this honor and accepted the award on behalf of The Foundation staff for serving people with ALS and setting the standard for ALS home care.

2016 CALENDAR OF EVENTS

- May 1 ALS Awareness Month begins
- May 2 Caregiver's Workshops, Myers Park UMC, room 105, 2-3pm and 6-7pm
- May 8-10 National ALS Advocacy Day and Public Policy Conference, Washington D.C.
- May 20 Cookout to Knockout ALS - Park Rd Park, 5-8PM
- May 26 Challenging Nature Photography Presentation by Angelo Sciulli, PALS Harbor Chase Assisted Living Home, Rock Hill, SC, 4-6PM
- June 2 Golf Tournament Kick Off Party and Planning Meeting - The Ashton Southend, 6-8PM
- August 16 Live Every Day Dinner - Carmel Country Club, 5:30 PM
- October 10 Annual Golf Tournament & Auction BallantyneCC 10am Shotgun Start

We are Growing!

The Joe Martin ALS Foundation continues to help and reach more families fighting ALS. We have hired two new caregivers to provide free home care. **Lynne Stinson and Anthony Birdsong** are both patient and experienced care providers and we are thrilled to have them join our team. We also have four new board members: **Frank Deaton, Ginny Mackin, Amy Peacock, and Cecy Ramirez.**



Lynne Stinson



Anthony Birdsong

Our new board members are outstanding members of the community and they are passionate about helping those affected by ALS. The foundation staff and the families we serve are grateful for the gift of their time, talents and dedication to support our mission.

Mission:

To help families face the challenge of living actively with ALS by providing free home care services.



Staff:

- Neil Cottrell - President
- Sarah Hayden - Director of Development
- Gloria Lacey - Office Administrator
- Felicia Stevenson - Home Care Provider
- Lisa DeJuneas - Registered Nurse
- Shannon Nichols - Home Care Provider
- Lynne Stinson - Home Care Provider
- Anthony Birdsong - Home Care Provider

Services Provided:

- Activities of Daily Living Assistance
- Range of Motion/Exercise
- Wheelchair Accessible Transportation
- Adaptive Technology and Support
- Travel Planning
- Medical Equipment Loans
- Home Accessibility Assessment
- Caregiver Training