

Summary of 2017 program accomplishments

The Joe Martin ALS Foundation's mission is to help people with ALS (PALS) live actively. During the period of January 2017, through December 2017, the Joe Martin ALS Foundation provided 71 families assistance with home care services. The Carolinas Neuromuscular/ ALS Clinic and the ALSA North Carolina Chapter refers these PALS to the foundation. For the families we help two times per week (37 in 2017), we provide assistance with getting out of bed and preparing for the day, perform ADL's (activities of daily living, such as bathing, dressing, toileting, hygiene tasks, etc.) exercise therapy, range of motion, wheelchair accessible transportation, travel planning, and assistive computer loans and tech support. These visits average 3 hours per visit.

We work with the ALS clinic staff to tailor individual range of motion and exercise programs, loan homecare equipment, and facilitate communication from patient to clinic staff to meet our PALS' needs. Our "client update" program provides the ALS clinic staff with monthly updates about changes our PALS are experiencing and what is needed to help them adapt to new disabilities.

The 34 other families we help received assistance with wheelchair accessible transportation to doctor appointments, to the ALS Clinic in Charlotte, NC, and other outings. We also helped families with travel plans. Calls to hotels, airlines, restaurants, and van rental companies have been made to facilitate wheelchair accessible travel. Additionally, we made arrangements for "beach" wheelchairs so people with ALS can enjoy a beach vacation with their family.

We also provided Caregiver Workshops. These workshops were offered to help families learn the best techniques to care for their loved ones. Participants learned how to safely transfer someone from wheelchair to bed by using a hooyer lift, how to perform range of motion, and use medical equipment that improves ALS quality of life.

Another service we provide is home accessibility assessments. We visited PALS' homes to make suggestions on how their home can be more wheelchair friendly and safer for those who are still walking. We also trained caregivers how to

use hoist lifts, how to safely transfer PALS, and educated PALS' family and friends about caregiving.

Assessment and Recommendations:

2018 Survey for Current and Past Clients

A survey was emailed to our PALS to assess the Joe Martin ALS Foundation's services. The survey asked our clients the following:

1. Services received
2. How pleased they were with the services and explain their rating
3. If the services helped our clients save money and estimate amount
4. If our staff asked about new challenges/disabilities
5. If our staff asked them if they needed loaner equipment
6. If our staff asked about helping to communicate with the ALS Clinic
7. If our staff member is dependable
8. How JMALSF and its services could be improved.

Clients were also asked to explain or elaborate on the above questions/answers, how the foundation is important to them, and how volunteers could help. These answers were fill in comment boxes and not included in the data below.

Current Clients:

95% of respondents reported they were "Very Pleased" (highest rating) with the services provided by the Foundation. All of our clients (100%) reported our services helped them save money on the cost of homecare and other medical expenses. 100% reported staff is dependable. 100% reported staff asked about new challenges, how to help with new challenges including the offer of loaner equipment, and facilitating communication with the ALS clinic.

The value or importance of our services received the highest rating of "Very Important" for 90% of our clients and 10% reported a value of "Important," the second highest rating. 0% of our clients rated our services as "Helpful" or "Unnecessary."

Only 10% believed any improvements could be made and this involved requests for services the foundation does not offer or is unable to provide. Our services are stated in our brochure, on our website, and all clients are informed of our services on initial visits. Our staff members discussed the services provided with our clients after we received the completed questionnaires to clarify what we provide and answer any questions.

Past Clients:

In recognition of serving the ALS community for 10 years we sent a survey to our past clients.

100% of respondents reported they were "Very Pleased" (highest rating) with the services provided by the Foundation. All of our clients (100%) reported our services helped them save money on the cost of homecare and other medical expenses. 100% reported staff is dependable. 100% reported staff asked about new challenges, how to help with new challenges including the offer of loaner equipment, and facilitating communication with the ALS clinic.

The value or importance of our services received the highest rating of "Very Important" for 95% of our clients and 5% reported a value of "Important," the second highest rating. 0% of our clients rated our services as "Helpful" or "Unnecessary."

Only 8% believed any improvements could be made and this involved requests for more help if possible and services the foundation is unable to provide. Our services are stated in our brochure, on our website, and all clients are informed of our services on initial visits.

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Financial Report:

Income

328,822

Expenses:

| Program | G & A | Fundraising | Total(Budget) |
|--------------|------------|-------------|---------------|
| 165,773(74%) | 20,425(9%) | 39,447(17%) | 225,645 |

Ending Net Assests

282,273